

## Inner Game Coaching and Leadership Programme *with Timothy Gallwey and Sir John Whitmore* 21–22 October 2010

The Inner Game Coaching and Leadership Programme will be held at The Queen's Club, London, on 21–22 October 2010. This exclusive learning opportunity is the result of two world leaders in coaching and leadership development coming together to train in one location. Tim Gallwey, founder of the Inner Game, and Sir John Whitmore, pioneer of coaching in organizations, are both forward thinkers and have had a profound impact on coaching and leadership in sport and business. Thirty years after first launching modern coaching and Inner Game thinking, Tim and John believe the approach has more to offer now than ever before.

### What is the Inner Game?

For people who want to enter a totally new paradigm of performance, the Inner Game addresses the interferences that limit our potential, and so enables us to maximize our performance. This is demonstrated by the Inner Game equation:

$$\text{Potential} - \text{Interference} = \text{Performance}$$

Becoming aware of patterns that lead to acting out of habit, rather than conscious intention, enables us to recognize our 'self-interferences' and thus enter a new paradigm of performance. In the new economy, where individual and collective knowledge is our most valuable asset, the ability to access and develop our ability to learn is paramount.

The Inner Game provides principles, methods, and tools you can learn to get out of your own way so you can express your full potential and maximise excellence in whatever your chosen activity.

### Learning Benefits

The Inner Game programme offers participants a truly unique chance to learn not only how to develop your potential in a more fulfilling way but also how to reduce the inner obstacles that can get in your way.

You will have an unrivalled opportunity to:

- Explore and experience Inner Game principles, methods and tools with the experts
- Examine the mindsets which block or hold us back and those which maximize opportunities for learning, enjoyment and performance
- Develop valuable coaching skills such as focusing attention to raise awareness and level of responsibility – increasing our natural ability to learn and to be successful
- Acquire powerful, cutting edge tools for greater personal effectiveness
- Dramatically improve your leadership style
- Transform the way you 'see' work to make it more meaningful and fulfilling
- Hear how others have successfully put Inner Game tools and coaching into practice
- See a demonstration of Inner Game methodology in practice on a tennis court

### **Experiential and Interactive**

The Programme will be led by Tim Gallwey, Sir John Whitmore and you! Your active participation and interest during the programme will make all the difference to your own learning and to your interaction with the presenters.

### **Entry Requirement**

The Inner Game programme is open to beginners or those seeking to strengthen basic coaching knowledge and skills.

### **Booking Information**

Fee: **£1,530 plus VAT (£1,797.75)**. An invoice will be raised on booking.

To book a place on the Inner Game programme, or for further information please contact Susa or David:

**Susa Garrido** – call +44 (0)20 7373 6431 or email [susagarrido@performanceconsultants.com](mailto:susagarrido@performanceconsultants.com)

**David Brown** – call +44 (0)20 7373 6431 or email [davidbrown@performanceconsultants.com](mailto:davidbrown@performanceconsultants.com)

### **London Venue**

The Inner Game programme in the UK is held at The Queen's Club in West Kensington, London, within easy reach of Heathrow and Gatwick airports.



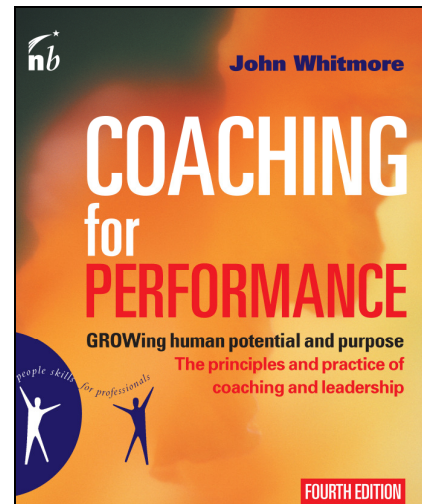
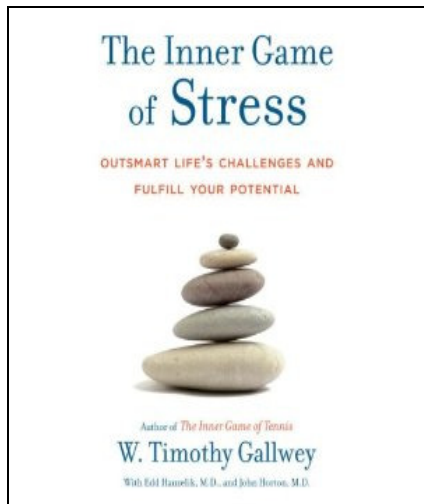
**W. Timothy Gallwey**

Tim Gallwey is in many ways the godfather of the current coaching movement. His bestselling *Inner Game* series of books set forth a new methodology for coaching and the development of personal and professional excellence in a variety of fields. As well as being one of the leading authors and pioneers in psychology, for 30 years he has brought the Inner Game approach into corporations looking for better ways to manage change.



**Sir John Whitmore**

Sir John Whitmore is a pre-eminent thinker in leadership and organizational change. He works globally with leading multinational corporations to establish coaching management cultures and leadership programmes. He has written five books on leadership, coaching and sports, of which *Coaching for Performance* is the best known having sold 500,000 copies in 17 languages.



#### DISCLAIMER

*We take every effort to ensure that the information in this document is valid and up-to-date. However, no guarantee is made that prices, dates or any other information are accurate and we reserve the right to change them at any time. Please contact us should you wish to confirm any specific details.*

#### ABOUT PERFORMANCE CONSULTANTS

Performance Consultants International has led the coaching and leadership development field in the workplace for 25 years, and we continue to do so today as the leading provider of executive coaching, team coaching and executive, leadership and management coach training programmes to organizations globally. Our future and our history are both based on us being pioneers and thought-leaders in the fields of coaching, consulting, leadership, sustainability and transformation.

We connect heart and soul into business to help people and organizations achieve a profound shift in perspective and create a framework for meaningful and lasting change. We believe that **growing people, performance and purpose** through coaching and leadership excellence and a 'whole systems' approach is the key for any company or organization that has the intention to be a true leader in their own field or industry.